

How to Avoid Distractions

Journeys of Faith

1. **L**_____ **on others.**

“When Moses’ hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up – one on one side, one on the other – so that his hands remained steady till sunset.”

Exodus 17:12

2. **O**_____ **a support team.**

“Moses’ father-in-law replied, ‘What you are doing is not good. You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone. Listen now to me and I will give you some advice, and may God be with you.’”

Exodus 18:17-19

3. **O**_____ **God’s directions.**

“Now if you obey me fully and keep my covenant, then out of all nations you will be my treasured possession. Although the whole earth is mine, you will be for me a kingdom of priests and a holy nation. These are the words you are to speak to the Israelites.”

Exodus 19:5-6

4. **K**_____ **trusting.**

“When the people saw that Moses was so long in coming down from the mountain, they gathered around Aaron and said, ‘Come, make us gods who will go before us. As for this fellow Moses who brought us up out of Egypt, we don’t know what has happened to him.’”

Exodus 32:1

Questions

1. Do you have someone at your side who can hold you up in times of trouble?
2. God uses many people to accomplish His work. Where are you serving?
3. Are you following God’s directions for your life or going your own way?
4. What is tempting you to get off track in your faith walk?